

Wildflower Triathlon Communications

Assignment: **Bike Mile 45 (Mile-45)**

Purpose: Provide emergency communications
 Provide logistical support

Time to be In Position: 1010 hrs Saturday Only

Primary frequency: 146.730 - PL: 100.0 (Primary Repeater)

Secondary: 147.390 S PL: 127.3

YOUR TASK:

You are located at a fixed position on the bike course. This is the portion of the bike course, near the end, where competition levels are high, and a very steep downhill section, complete with a bumpy road can be problematic for riders. It is not uncommon for riders to reach speeds of 50mph in this area, and accidents can cause significant injuries.

No aid station exists at this location, and there is no shade. Be well prepared for heat, and use good judgement to find a staging position which does not obstruct cyclists and provides you with a good view of the entire hill area.

Stay in position until the last bicyclist has passed by your position, or until released by Control.

IMPORTANT SAFETY TIPS:

When you call communications, please use your tactical callsign (e.g.: Mile-45). You will still need to identify with your proper callsign at the appropriate intervals. The race Control should be addressed as "Control."

If you call for Control and do not get an immediate reply wait one minute. We are operating on two ham channels, handling ambulance dispatch, and monitoring race channel. Also when you call for another unit please direct your traffic through Control.

If you have emergency traffic, call for Control followed by your tactical call and the words "EMERGENCY TRAFFIC."

ex. "Control, Mile-45, Emergency traffic"

Control will announce emergency traffic on channel and direct all units to hold traffic until the emergency is cleared. Only call for Control if you have urgent or emergency traffic also.

If you see a contestant out of the race, note the contestant number and relay that information to Control.

If you witness accident requiring medical attention, notify Control. Monitor your radio (handheld, since you'll be with the patients, not in your vehicle) carefully as you may need to provide further information for the medical crews. As soon as possible, advise Control the number of patients, and a rough description of the injuries. The communications would go something like this:

Mile-45: Control, Mile-45, Emergency Traffic.

Control: Mile-5, this is Control, go ahead.

Mile-45: Control, Bravo-45, we have a cyclist down at Mile-45, requesting an ambulance.

Control: Control copies, we will dispatch ambulance to Mile-45.

(At this point, you'll need to walk/drive to the scene to survey the damages. Put on your latex gloves before you get there, just in case. Position your vehicle between the accident and oncoming traffic. Use warning lights.)

Mile-45: Control, Mile-45, condition report.

Control: Mile-45, go ahead with condition report.

Mile-45: We have rider number 245, conscious and alert, possible fractured left arm. Continue the ambulance.

Provide as much medical care as you can (within your level of training and ability), and make an attempt to determine which participants will need to be transported via ambulance. If you have other needs (CHP for traffic control, etc.) let Control know as soon as possible. If there is any doubt about the injuries, always error on the side of caution, and let the EMS professionals make the judgment. There's nothing worse than canceling an ambulance when it's really needed. It's no big deal to request an ambulance and have the paramedics determine the patient doesn't need transport.

Things to have in your vehicle:

- Your complete information packet
- High power VHF radio (or dual-bander)
- VHF handheld in case you are out of the vehicle
- A passenger to use as a second set of eyes or to operate the radio
- Drinking water for yourself and your passenger
- Pad of paper and pen or pencil
- First Aid Kit if possible (including latex gloves)
- Lunch and snacks
- Sunscreen