

Wildflower Triathlon Communications

Assignment: **Bike/Run Turnaround**

Purpose: Provide emergency communications
 Report the position of key race contestants
 Provide logistical support

Time to be In Position: Saturday Run: 1030 hrs
 Sunday Bike: 0930 hrs
 Sunday Run: 1000 hrs

Primary frequency: 146.730 - PL: 100.0 (Primary Repeater)
Secondary: 147.390 S PL: 127.3

YOUR TASK:

You are located at a fixed position at the bike or run turnaround area. You will report the first male and female cyclist/runner through Turnaround (including their participant number), when the male and female lead pack of cyclists/runners passes through, and the participant numbers of the last male and female cyclists/runners to go through your Turnaround. Your job ends when the last male and female cyclists/runners have passed through, and you have been directed by a Chase or Rover vehicle to close your station and return to the Visitors Center.

Run Turnaround stations should get in their vehicle and follow the last runner to the top of Lynch Hill, reporting status to Control.

IMPORTANT SAFETY TIPS:

When you call communications, please use your tactical callsign (e.g.: Bike Turnaround). You will still need to identify with your proper callsign at the appropriate intervals. The race control should be addressed as "Control."

If you call for Control and do not get an immediate reply wait one minute. We are operating on two ham channels, handling ambulance dispatch, and monitoring race channel. Also when you call for another unit please direct your traffic through Control.

If you have emergency traffic, call for Control followed by your tactical call and the words "EMERGENCY TRAFFIC."

ex. "Control, Bike Turnaround, Emergency traffic"

Control will announce emergency traffic on channel and direct all units to hold traffic until the emergency is cleared. Only call for Control if you have urgent or emergency traffic also.

If you see a contestant out of the race, note the contestant number and relay that information to Control.

If you witness accident requiring medical attention, notify Control. Monitor your radio (handheld, since you'll be with the patients, not in your vehicle) carefully as you may need to provide further information for the medical crews. As soon as possible, advise Control the number of patients, and a rough description of the injuries. The communications would go something like this:

Bike Turnaround: Control, Bike Turnaround, Emergency Traffic.

Control: Bike Turnaround, this is Control, go ahead.

Bike Turnaround: Control, Bike Turnaround, we have a bicycle accident at Bike Turnaround, two riders involved, requesting an ambulance.

Control: Control copies, we will dispatch ambulance to Bike Turnaround.

(At this point, you'll need to walk to the scene to survey the damages. Put on your latex gloves before you get there, just in case.)

Bike Turnaround: Control, Bike Turnaround, condition report.

Control: Bike Turnaround, go ahead with condition report.

Bike Turnaround: We have two patients, Rider number 243 with minor road rash, and Rider number 723 with a possible broken arm. Continue the ambulance.

Provide as much medical care as you can (within your level of training and ability), and make an attempt to determine which participants will need to be transported via ambulance. If you have other needs (CHP for traffic control, etc.) let Control know as soon as possible. If there is any doubt about the injuries, always error on the side of caution, and let the EMS professionals make the judgment. There's nothing worse than canceling an ambulance when it's really needed. It's no big deal to request an ambulance and have the paramedics determine the patient doesn't need transport.

Things to have in your vehicle:

- Your complete information packet
- High power VHF radio (or dual-bander)
- VHF handheld in case you are out of the vehicle
- A passenger to use as a second set of eyes or to operate the radio
- Drinking water for yourself and your passenger
- Pad of paper and pen or pencil
- First Aid Kit if possible (including latex gloves)
- Lunch and snacks
- Sunscreen