

Bike Mile 45 (Mile 45)

Purpose: Provide emergency communications and logistical support on the bike course

Time to be In Position: 10:00am Saturday Only

Primary voice frequencies: 146.730 - pl:127.3 and 444.550 + pl:141.3

Your Task:

You are located at a fixed position on the bike course. This is the portion of the bike course, near the end, where competition levels are high, and a very steep downhill section, complete with a bumpy road can be problematic for riders. It is not uncommon for riders to reach speeds of 50mph in this area, and accidents can cause significant injuries. No aid station exists at this location, and there is no shade. Be well prepared for heat, and use good judgment to find a staging position which does not obstruct cyclists and provides you with a good view of the entire hill area. Stay in position until the last bicyclist has passed by your position, or until released by Control.

Please review the First Aid information document for what to do when you see someone who is hurt.

Things to Remember:

- When you talk on the radio, please use your tactical callsign (Mile 45). You will still need to identify with your proper callsign at the appropriate intervals.
- If you call for Control and do not get an immediate reply wait one minute and try again. Dispatch is very busy during the whole event.
- If you see a contestant drop out of the race, note the contestant number and relay that information to CIC.
- If you have emergency traffic, call for Control followed by your tactical call and the words "emergency traffic." For example, "Control, this is Mile 45, Emergency traffic." Control will announce emergency traffic on channel and direct all units to hold traffic until the emergency is cleared.

Things to have in your vehicle:

- Your complete information packet
- High power VHF radio (or dual-bander) with external antenna
- VHF handheld with extra batteries
- VHF Radio, GPS, and TNC for AVL
- A passenger to use as a second set of eyes or to operate the radio
- Drinking water for yourself and your passenger, and extra drinking water
- Pad of paper and pen or pencil
- First Aid kit (including latex gloves)
- Lunch, snacks, sunscreen, and a hat