

Bike/Run Turnaround

Purpose: Provide emergency communications, report the position of key race contestants, and provide logistical support

Time to be In Position: 10:30am Saturday, 9:30am Sunday Bike, 10:00 Sunday Run

Primary voice frequencies: 146.730 - pl:127.3 and 444.550 + pl:141.3

Your Task:

You are located at a fixed position at the bike or run turnaround area. You will report the first male and female cyclist/runner through Turnaround (including their participant number), when the male and female lead pack of cyclists/runners passes through, and the participant numbers of the last male and female cyclists/runners to go through your Turnaround. Your job ends when the last male and female cyclists/runners have passed through, and you have been directed by a Chase or Rover vehicle to close your station and return to the Visitors Center. Run Turnaround stations should get in their vehicle and follow the last runner to the top of Lynch Hill, reporting status to Control.

Things to Remember:

- When you talk on the radio, please use your tactical callsign (Turnaround). You will still need to identify with your proper callsign at the appropriate intervals.
- If you call for Control and do not get an immediate reply wait one minute and try again. Dispatch is very busy during the whole event.
- If you see a contestant drop out of the race, note the contestant number and relay that information to CIC.
- If you have emergency traffic, call for Control followed by your tactical call and the words "emergency traffic." For example, "Control, this is Transitions, Emergency traffic." Control will announce emergency traffic on channel and direct all units to hold traffic until the emergency is cleared.

Things to have in your vehicle:

- Your complete information packet
- High power VHF radio (or dual-bander) with external antenna
- VHF handheld with extra batteries
- VHF Radio, GPS, and TNC for AVL
- A passenger to use as a second set of eyes or to operate the radio
- Drinking water for yourself and your passenger, and extra drinking water
- Pad of paper and pen or pencil
- First Aid kit (including latex gloves)
- Lunch, snacks, sunscreen, and a hat